

FULL LIFE INITIATIVE TWIYUBAKE PROJECT

*Empowering Single Mothers Through Integrated
Vocational Skills and Psychosocial Support*



Rwanda | Gasabo District | Nduba Sector | 2026

10

Single Mothers
Supported

3

Vocational Skills
Taught

12

Months of
Support

100%

Free Training

1. PROJECT LOCATION

Country	Rwanda
District	Gasabo
Sector	Nduba
Cell	Gasanze
Village	Uruhetsse

2. PROJECT DURATION

12 Months | January - November 2026

3. PROJECT BACKGROUND

Single mothers in Uruhetsse Village experience high levels of poverty, unemployment, emotional stress, and social vulnerability. As sole providers and caregivers, many lack access to vocational skills and income opportunities, which limits their ability to support their families and plan for the future.

This project was designed to respond to these challenges through a holistic and practical approach that combines:

- Mental health support
- Parenting education
- Integrated vocational training in tailoring, hairdressing, and nail treatment



4. PROJECT DESCRIPTION

The project will support ten vulnerable single mothers through a structured program that includes the following key components:

- Psychosocial and mental health support sessions
- Parenting and life skills education workshops
- Integrated vocational training in tailoring – school uniforms and basic clothing
- Hairdressing skills training for professional practice
- Nail treatment skills for beauty and income generation
- Entrepreneurship and financial literacy modules
- Practical income-generating experience and market exposure

Participants will learn all three vocational skills at different stages of the project, allowing them to diversify income sources and increase employability. The program promotes confidence, dignity, and long-term economic independence.

5. OVERALL OBJECTIVE

To improve the psychosocial well-being and economic self-reliance of single mothers through integrated vocational skills training and income-generating opportunities.

✓ 6. SPECIFIC OBJECTIVES

01

Strengthen mental health, self-esteem, and emotional resilience among single mothers.

02

Improve parenting skills and family stability within the Rwandan context.

03

Equip participants with integrated skills in tailoring, hairdressing, and nail treatment.

04

Build entrepreneurship and customer service skills.

05

Create sustainable income opportunities through employment and self-employment.

06

Promote positive role models and leadership among women in the community.

👤👤 7. TARGET BENEFICIARIES

PRIMARY BENEFICIARIES

- 10 vulnerable single mothers
- From Uruhetse Village, Gasabo District

SECONDARY BENEFICIARIES

- Children of participating mothers
- Community members accessing tailoring and beauty services



★ 8. EXPECTED RESULTS AND IMPACT

- Improved mental health and confidence among all 10 participants
- 10 women equipped with multiple marketable vocational skills
- Increased household income and economic stability for families
- Improved parenting practices and child well-being outcomes
- Reduced vulnerability among single-mother households in the village
- Strengthened women leadership at community level

9. SUSTAINABILITY STRATEGY

- Multiple vocational skills increase long-term income security for each graduate
- Entrepreneurship training supports individual business start-up and growth
- Savings activities build financial discipline and independence
- Graduates mentor and support future project participants
- Community ownership promoted through local leaders and stakeholders

10. CONCLUSION

By integrating tailoring, hairdressing, and nail treatment into a single vocational program, this project equips single mothers with diverse, marketable skills that enhance resilience and economic independence. Combined with mental health support and entrepreneurship training, the project offers a sustainable pathway out of poverty and vulnerability.

 **SUPPORT THIS PROJECT** 

If you are interested in empowering single mothers,
your kind support will transform vulnerable lives. Together, we can make a difference!